

Greetings BRCS Families,

The School Support Team (SST) has gathered a variety of resources to help support you and your student(s) during this school dismissal. On this page you will find:

- [A form to request emotional and/or behavioral support services via videoconference \(click here\)](#)
- [Video links to a variety of information about behavioral services and interventions \(click here\)](#)
- [Links to relevant news articles with a variety of resources \(click here\)](#)
- Links to a variety of information and tip sheets on to help support your student's emotional and behavioral needs during this school dismissal and beyond:
  - [Scheduling & Organization](#)
  - [Healthy Habits Wellness Activities for Middle School Students](#)
  - [General Behavior Management Tips](#)
  - [Developing Effective Rules for Home Instruction](#)
  - [Tips for Using Rewards](#)
  - [Tips for Homework Success](#)
  - [How to Teach Behavioral Expectations](#)
  - [Tips for Dealing with Defiance](#)
  - [Redirecting Minor Inappropriate Behaviors](#)
  - [Active Ignoring Instructions](#)
  - [Mindfulness Activities](#)

Now and always, BRCS's School Support Team is here to help. Please do not hesitate to reach out if there is something we can do to assist your efforts in transitioning to home instruction. Our team's emails are below. We know the task is not easy but we also know that the BRCS community is a strong one. We will get through these times by doing what we have always done – working together! We look forward to hearing from you.

Kind regards,

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