

Greetings BRCS Families,

The School Support Team (SST) has gathered a variety of resources to help support you and your student(s) during this school reopening. We will continue to update this page regularly throughout the year so please check it often.

On this page you will find:

- [Request for ACADEMIC, EMOTIONAL, or BEHAVIORAL support services \(to be provided by videoconference\)](#)
- Information, links, and tip sheets on how to support your student's needs during this school dismissal and beyond:
 - Social Emotional Resources (Lessons updated weekly on Mondays)
 - Elementary
 - [“Kimochis” Wellness Lessons for Elementary School](#)
 - [Mindfulness Activities](#)
 - [Support from Utah Courts: Protection from Abuse and Information on Evictions and Debt Collection](#)
 - Middle School
 - [Wellness Lessons for Middle School](#)
 - [Healthy Habits Wellness Activity for Middle School Students](#)
 - [Mindfulness Activities](#)
 - [Support from Utah Courts: Protection from Abuse and Information on Evictions and Debt Collection](#)
 - Behavioral Resources
 - [Scheduling & Organization](#)
 - [General Behavior Management Tips](#)
 - [Developing Effective Rules for Home Instruction](#)
 - [Tips for Using Rewards](#)
 - [The Good Behavior Game - A fun way to reward good behavior](#)
 - [Tips for Homework Success](#)
 - [How to Teach Behavioral Expectations](#)
 - [Tips for Dealing with Defiance](#)
 - [Redirecting Minor Inappropriate Behaviors](#)
 - [Active Ignoring Instructions](#)
 - [Videos about behavioral services and interventions](#)
- [Links to relevant news articles with a variety of resources](#)
- [How to scan your child's work to turn it electronically](#)
- [School Store Policy on Unused Tickets/Stamps](#)

Now and always, BRCS's School Support Team is here to help. Please don't hesitate to reach out if there is something we can do to assist your efforts in transitioning to home instruction. Our team's emails are below. We know the task isn't easy but we also know that the BRCS community is a strong one. We will get through these times by doing what we have always done – working together! We look forward to hearing from you.

Kind regards,

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